

AtlantiCare

2026 Wellness Activity Checklist



STEP	ACTIVITY	HOW TO COMPLETE	AMOUNT
1 Must complete to earn any Wellness Credits	Online Health Assessment	Complete at wellness.atlanticare.org	\$100
2 Select activities that best meet your needs or goals	Know Your Numbers	Visit an onsite Kiosk, Health Engagement Clinic or complete with a provider and submit the Wellness Activity Certification form	\$50
	Annual Preventive Care Visit	Complete an annual preventive care visit with your provider between Dec 1, 2025 and November 30, 2026. Submit Wellness Activity Certification form	\$50
	Education	Attend a Health Engagement Wellness Webinar (max 3)	\$25 each
	Wellness Coaching	Work with an AtlantiCare Wellness Specialist to set goals and create a wellbeing strategy. Call 609-677-7507	\$50
	Wellness Challenges	Complete at wellness.atlanticare.org (max 3)	\$25 each
	LifeCenter Visits 80+	Check in at the LifeCenter 80+ times between Jan 1-Nov 30th 2026	\$50
3 Earn Your Reward	HRA \$	Applied January 1, 2027	Up to \$250

Your health plan is committed to helping you achieve optimal health. Rewards for participating in this wellness program are available to all benefit eligible employees by way of wellness credits. If you think you might be unable to meet a standard for wellness credits under this wellness program, you might qualify for an opportunity to earn the same wellness credit by different means. Please contact Health Engagement at 609-677-7507 or by emailing wellness@atlanticare.org and we will work with you (and, if you wish, with your doctor) to find a reasonable alternative with the same reward (or a waiver) that is right for you in light of your health status.

November 30, 2026 is the deadline for all Wellness Activities.